

Volleyball Injury Report Form

M-10

Event:

Place:

Dates:

Team: Match: -

Match #:

Date:

Team Doctor: First Name Last Name

Mobile:

Any injury? NO YES If "YES", please complete information below

This form must be filled even when no injury occurred

Player #	Function		Time of injury		Injury location		Type of injury			Cause of injury				Severity	
	Code	Description	Training (date)	Match (set #)	Code	Description	Code	Description	Code	Description	Code 11: Contact with another athlete		Returned to game		Absence (Code)
											Yes a / b	No	Yes	No	

Definitions & Codes

Player function:

- S: Setter
- D: Diagonal
- O: Outside hitter
- C: Center player
- L: Libero

Injury location - injured body part:

- Head and trunk*
1. face (incl. eye, ear, nose)
 2. head
 3. neck/cervical spine
 4. thoracic spine/upper back
 5. sternum/ribs
 6. lumbar spine/lower back
 7. abdomen
 8. pelvis/sacrum/buttock

Upper extremity

11. shoulder/clavicle
12. upper arm
13. elbow
14. forearm
15. wrist
16. hand
17. finger
18. thumb

Lower extremity

21. hip
22. groin
23. thigh (a: anterior/p: posterior)
24. knee (m: medial/l: lateral)
25. lower leg (a: anterior/p: posterior)
26. Achilles tendon
27. ankle (m: medial/l: lateral)
28. foot/toe

Type of injury - diagnosis:

1. concussion (regardless of loss of consciousness)
2. fracture (traumatic)
3. stress fracture (overuse)
4. other bone injuries
5. dislocation, subluxation
6. tendon rupture
7. ligamentous rupture
8. sprain (injury of joint and/or ligaments)
9. lesion of meniscus or cartilage
10. strain/muscle rupture/tear
11. contusion/haematoma/bruise
12. tendinosis/tendinopathy
13. arthritis/synovitis/bursitis
14. fasciitis/aponeurosis injury
15. impingement
16. laceration/abrasion/skin lesion
17. dental injury/broken tooth

18. nerve injury/spinal cord injury
19. muscle cramps or spasm
20. other

Cause of injury - diagnosis:

1. overuse (gradual onset)
2. overuse (sudden onset)
3. non-contact trauma
4. recurrence of previous injury
11. contact with another athlete:
 - a. same team
 - b. another team
12. contact: moving object (eg.ball)
13. contact: stagnant object (eg.net,post)
14. violation of rules (foul play)
21. field of play conditions
22. hall environmental conditions
23. equipment failure
24. other

Severity - expected duration of absence from training or competition (in days):

- 2: 2 days
- 7: 1 week
- 14: 2 weeks
- 21: 3 weeks
- 28: 4 weeks
- >30: more than 4 weeks
- >180:6 months or more

Signature Team Doctor:

NOTE: An injury is defined as any physical complaint sustained by a player during the match or during training prior to the match.