

Medical Controls for Referees

1) HEALTH CERTIFICATE FOR INTERNATIONAL REFEREES (REF. FORM M-4)

- 1.1 All FIVB-accredited referees and candidates must submit a completed Health Certificate for Referees (M-4) to the FIVB Medical Department by the 15th of October each year.
- 1.2 FIVB-accredited referees and candidates with conditions that are incompatible with refereeing in FIVB competitions must develop a health management plan in consultation with his/her personal physician, to be submitted to the Medical Commission for approval. This plan must include specific goals to be met according to a time schedule to be approved. Follow-up reports from the personal physician documenting adequate progress according to the plan must be submitted at regular intervals to remain on or re-enter the list of active International and FIVB referees.

2) ILLNESSES THAT ARE INCOMPATIBLE WITH REFEREEING IN FIVB COMPETITIONS

This list is not intended to be comprehensive, and the list may be continuously refined or updated. It is presented as a guide only, and it should be understood that each case will be considered independently, on its own merits.

- 2.1 Respiratory ailments
 - Acute or chronic infectious pneumopathy
 - Chronic respiratory insufficiency
- 2.2 Cardiovascular disease
 - Complicated systemic hypertension
 - Recent myocardial infarction or ischemic cardiomyopathy
 - Acute or chronic cardiac insufficiency

2.3 Diseases of the digestive system

- Acute bleeding gastroduodenal ulcer
- Haemorrhagic rectocolitis

2.4 Diseases of the nervous system

- Untreated epilepsy
- Untreated psychiatric problems
- Acute or chronic alcoholism
- Stroke

2.5 ENT disease

- Significant hearing loss
- Vertiginous syndromes

2.6 Ophthalmologic disease

- Visual acuity on either eye of >0.80 with correction
- Uncorrected strabismus
- No visual field deficit
- Untreated glaucoma
- Other acute or chronic visual disturbances or conditions as identified by the specialist

2.7 Metabolic disease

- Diabetes with degenerative complications
- Untreated metabolic disease
- Body mass index > 30 or abdominal circumference of
>102 cm for males
>88 cm for females

2.8 Pregnancy

- From 6 months after gestation